

BUTER'S CHINE



Bartholomew Consolidated School Corporation serves vegetable strips in cups

of ranch dressing, using local cucumbers,

peppers, and cherry tomatoes, in season.

Farm to School Success

- 4 Manchester Community Schools
- 5 Kercher's Sunrise Orchards

Seasonal Ingredients

- 6 Fall
- 8 Winter
- 10 Spring
- 12 Summer
- 14 Protein & Dairy
- back Harvest at a Glance

Directory

- 15 Indiana Producers
- 25 Indiana Distributors & Food Hubs
- 26 Procurement

Indiana Grown for Schools Network

Vision: We envision an Indiana food system that engages young people, farmers, school systems and whole communities in farm to school activities to create a new generation of food citizens.

Mission Statement: Indiana Grown for Schools Network is a collaborative effort to foster the relationships necessary to sustain farm to school activities in every Indiana county. By supporting local farmers and school communities, we forecast the emergence of agricultural leaders who understand the interconnectivity of food systems, resulting in healthier families, communities and economies.

Our Network seeks to expand and strengthen programming to 1) increase local foods served in schools, 2) create or sustain school gardens and 3) incorporate nutrition education in the classroom.

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Why Farm to School?

Indiana schools are responsible for the care and education of nearly 1.2 million students each year. Children spend nearly half their waking hours and consume more than half of their daily food at school. Because of this, schools are the best place to help students learn to make healthy choices that will last a lifetime. Through access to local foods and education, we can improve the health of children while creating strong local economies and engaged communities.

Kids Win! Farm to school provides all kids access to nutritious, high quality, local food so they are ready to learn and grow. Farm to school activities enhance classroom education through hands-on learning related to food, health, agriculture and nutrition.

Farmers Win! Farm to school can serve as a significant financial opportunity for farmers, fishers, ranchers, food processors and food manufacturers by opening doors to institutional markets.

Communities Win! Farm to

school benefits everyone — from students, teachers and administrators to parents and farmers — providing opportunities to build family and community engagement. Buying from local producers and processors creates new jobs and strengthens the local economy.

This Buyer's Guide is designed to reduce the real and perceived barriers to the procurement of local foods in Indiana schools. In this guide, you will find information on procurement procedures, food safety guidelines, regional produce seasonality, local success stories and a comprehensive list of local producers and distributors. This guide will also connect you to the appropriate contacts at the Indiana State Departments of Health, Education and Agriculture, should you need additional technical assistance.

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Farm to School Success



Manchester Community Schools

"The kids love it and it puts money back in our own community!"

When Becky Landes started with Manchester schools over 17 years ago, she was just looking for a job that would allow her to be on the same schedule as her kids. Now the Food Service Director, a position that she has held for 10 years, Becky prides herself on her schools' involvement in farm to school.

Not only do Becky and her staff incorporate local ingredients into recipes whenever they can (signified on the menu by a small apple sticker), they also stock two 6-foot salad bars with fresh, local produce. Manchester also provides summer meals featuring an all-local chef's salad!

What started out small as an annual local day, the farm to school program at Manchester Schools is robust, thriving and a point of pride for the whole community.

Although Becky works closely with Piazza Produce and Gordon Food Service to purchase locally when possible, it's her relationship with local farmers in her own community that she credits with the program's success. Since the program began in 2008, Becky has been buying local produce from RiverRidge Farm in Roann, a partnership that she calls a "truly collaborative effort." The farm also delivers. "They'll pick it one day and deliver it the next day. So,

you know, I can't get any fresher than that."

Moving forward, Becky wants to continue to grow the farm to school program at Manchester schools, because, as she puts it, "The kids love it and it puts money back in our own community!"

Above: Becky and her team source cucumbers seasonally from RiverRidge Farm in Roann, along with salad mix, spinach, radishes, snack peppers, bell peppers, broccoli, and cauliflower. Becky says they also buy cherry tomatoes from the farm, which are "purple, yellow and orange... just beautiful and colorful and the kids like them!"

Kercher's Sunrise Orchards

Open since 1922, Kercher's Sunrise Orchards operates about 600 acres of fruits and vegetables – apples, cabbage, sweet corn, broccoli, zucchini, yellow squash, winter squash, pumpkins and peaches.

Bill Kercher and his sister are fifth generation farmers, and operate the farm with their parents. The farm includes a market and agri-tourism activities, and the family also runs a wholesale business, Sunrise Produce, which sources from other Indiana farmers (and beyond, when needed).

Both directly and through distributors (Piazza and Troyer), Kercher's Sunrise Orchards sells to K-12 schools in Goshen, as well as colleges and universities in the area. While Bill hopes to continue growing their K-12 business (and is always looking for new customers!), what he is most proud of about the farm's involvement in farm to school is how many kids they have been able to engage in agriculture.

Bill believes that all kids should have daily access to fresh produce, and to know how and where their food is grown. That's why the farm hosts over 5,000 children each fall for field trips, and why Bill is involved in Agriculture in the Classroom (a national agriculture education program).

Helping kids connect to how their food is grown will hopefully inspire at least a few of them to choose agriculture as a career. Given the dwindling number of fruit and vegetable farmers in Indiana, Bill thinks that is just what we need to make sure we see more and more Indiana produce in our schools' cafeterias.



Fall

September

Apples

Beets

Blackberries

Broccoli

Brussels Sprouts

Cabbage

Carrots

Cauliflower

Collard Greens

Cucumbers

Eggplant

Grapes

Green Onions

Kale

Kohlrabi

Onions (storage)

Peaches

Pears

Pepper:

Potatoes

Pumpkins

Radishes

Raspberries

Snap Beans

Spinach (extended

Summer Squash (extended

Sweet Corn

Sweet Potatoes

Iomatoes

Turnips & Turnip Greens

Winter Squash

October

Apples

Beets

Broccol

Brussels Sprouts

Cabbage

Carrots

Cauliflower

Collard Greens

Cucumbers

Eggplant

Green Onions

Kale

Kohlrabi

Lettuce

Onions (storage)

Peaches

Pears (storage)

Potatoes

-Pumpkin:

Radishes

Raspberries (extended)

Snap Beans

Spinach (extended)

Summer Squash (extended)

Sweet Potatoes

Tomatoes (extended)

Turnips & Turnip Greens

Winter Squash

November

Apples (storage

Beets (storage)

Brussels Sprouts

Cabbage

Carrots

Collard Greens (extended)

Kale (extended)

Lettuce (extended)

Onions (storage)

Pears (storage)

Potatoes (storage)

Pumpkins

Raspberries (extended)

Snap Beans

Spinach (extended)

Sweet Potatoes (storage)

Tomatoes (extended)

Turnips & Turnip Greens

Winter Squash (storage)

More online! Visit

INGrown4Schools.com to explore the searchable producer map, sign up for our e-newsletter, download editable flyers, and share your F2S success stories and photos!

We started small... We would get local mini carrots (in purple, yellow, and orange) and — you know, people say it takes so much work — but we would not peel them, just scrub them. And we would leave the tops on! That was a sign to our students that this is local food."

Becky Landes, Food Service Operation Manager
 Manchester Community Schools

LOCAL INGREDIENT SPOTLIGHT:

CARROTS

- ✓ Carrots are one of the best sources for beta-carotene. This is super important for growing kids because our bodies turn it into Vitamin A, which is important for vision health, bones, teeth and skin!
- ✓ Just one medium carrot, or a handful of baby carrots, counts as one serving of your daily veggies.
- ✓ This guide contains 37 Indiana farms that grow carrots!

Harvest Glazed Carrots

21 lb 4 oz Carrots, sliced

1 lb Butter

10 oz Sugar

14 oz Frozen orange juice concentrate

14 oz Honey

1 Tbsp 1 tsp Ground nutmeg

1 Tbsp 1 tsp Ground cinnamon

1 qt Water, cold

2/3 cup Cornstarch

2 cups Dried cherries, chopped

1. Divide carrots evenly into steam table pans (12" x 20" x 2 1/2"), placing about 12.5 lbs per pan.

2. For glaze: combine butter, sugar, juice concentrate, honey, and spices.

- 3. Mix cold water and cornstarch until dissolved. Add to glaze. Stir to blend.
- 4. Bring glaze to a boil, stirring constantly. Remove from heat.
- 5. Add dried cherries to carrots
- 6. Pour 2¾ cups glaze over each pan of carrots.

7. Bake:

Conventional: 375°F 20-30 min. Convection: 325°F 15-20 min.

Portion size	1/2 cup
Number of portions	100
Meal component	1/2 vegetable
Calories	120
Saturated fat	2.5 g
Sodium	90 mg

Recipe reprinted from On, Wisconsin! Menus with permission from the Wisconsin Department of Public Instruction, 125 S. Webster St., Madison, WI 53703, 1-800-243-8782.





LOCAL INGREDIENT SPOTLIGHT:

APPLES

- In Indiana, apples are harvested from July through October, but can be stored all the way through February. This makes them an ideal option for both fall and winter recipes.
- Apples are super convenient! They are an original "fast food," because they can be eaten with no processing.
- ✓ Apples are versatile. Kids love them fresh, sliced, dipped, dried or processed as a sauce or juice.
- ✓ Apples are a great snack option for kids because they contain about 85% water. Their natural sugars provide quick energy, while the fiber and bulky pulp make the eater feel full.
- ✓ There are 32 Indiana apple growers in this guide!

Treasure Salad

25 Apples, medium, any variety, with peel,diced

1/2 cup Lemon juice

6 quarts Grapes, seedless, washed

wasneu

2 quarts Yogurt, low fat, vanilla

3 cups Almonds, slivered, lightly toasted

Portion size 3/4 cup

Number of portions 100

Meal component 1/2 fruit

Calories 80

Saturated fat 0

Sodium 15mg

Recipe courtesy of The New Hampshire Division of Public Health Services. Grapes are a choking hazard for young children. When serving young children, cut grapes in half or substitute another fruit.

- 1. Wash apples thoroughly. Slice into quarters lengthwise. Core quarters. Cut into medium dice and place in large bowl.
- 2. Drizzle with lemon juice and toss to coat evenly.
- 3. Wash grapes and remove from the stem. Add to apple mixture.
- 4. Fold yogurt into apples and grapes. Mix to evenly coat. Cover with food film and refrigerate.
- Garnish with slivered almonds individually (1 tsp per portion), or entire salad.

Winter

December

Apples (storage)

Beets (storage)

Collard Greens (extended)

Kale (extended)

Lettuce (extended)

Onions (storage)

Pears (storage)

Potatoes (storage)

Pumpkins (storage)

Radishes (extended)

Raspberries (extended)

Spinach (extended)

Sweet Potatoes (storage

Turnips & Turnip Greens

Winter Squash (storage)

January

Apples (storage

Onions (storage

Pears (storage

Potatoes (storage)

Padishas (aytanda

Spinach (extended)

Sweet Potatoes (storage

Turnips (storage)

Winter Squash (storage)

February

Apples (storage)

Onions (storage)

Pears (storage

Potatoes (storage)

Radishes (extended)

Spinach (extended)

Sweet Potatoes (storage)

Turnips (storage)

Winter Squash (storage)



Bartholomew Consolidated School Corporation started sourcing Indiana-grown ingredients in 2008 with three products, and Director of Food Service Nancy Millspaugh says she has made an effort to add one or two new items every year since. They source through Bush's Farm Market, Duck Creek Gardens, The Apple Works, and Piazza Produce, and they partner with community partners to fund special equipment and staff workshops. Student **vegetable intake increased 25**% when they launched the farm to school program, which Nancy credits to a combination of student marketing communications about the program, as well as the presentation techniques staff mastered during a workshop. (Pictured, left to right: Maryellen Pollitt; Tracy Piehl, Director of Food Service Nancy Millspaugh, and Kelly McNicholas.)

Spring

March

Chard (extended)
Collard Greens (extended)
Kale (extended)
Onion (storage)
Potatoes (storage)
Radishes (extended)

Spinach (extended)

Turnips (storage)

Winter Squash (storage)

April

Asparagus
Chard (extended)
Collard Greens (extended)
Kale (extended)
Lettuce (extended)
Onion (storage)
Potatoes (storage)
Radishes (extended)
Spinach (extended)
Winter Squash (storage)

May

Asparagus
Chard
Cucumber (extended)
Collard Greens (extended)
Kale (extended)
Lettuce (extended)
Onion (storage)
Potatoes (storage)
Radishes
Raspberries (extended)
Spinach (extended)
Strawberries
Summer Squash (extended)
Tomatoes (extended)
Winter Squash (storage)



The Manchester Community Schools wrap bar lets students choose chicken strips or ham and then add their own toppings, including tomatoes, cucumbers, peppers, spinach, lettuce and onion — all local when seasonally available — plus Red Gold salsa and ranch dressing made in-house. Food Service Operation Manager Becky Landes says her best advice is to start small. "You can do it. You start off small, one day a week, a big event a year, and just figure out how you can grow it from there."

LOCAL INGREDIENT SPOTLIGHT:

LEAFY GREENS

- ✓ With a harvest season from June through October, leafy greens can also be purchased locally during their extended season (November December and March May).
- ✓ Dark, leafy greens are a great source of vitamin A, vitamin C, iron, calcium, folate and magnesium.
- ✓ Leaves and stems tend to collect sand and soil, so if buying fresh from a farm, be sure to submerge trimmed leaves in water and swirl around before drying and serving.
- ✓ This guide contains 70 Indiana farms that grow one or more types of leafy greens!

Chicken and Spinach Quesadilla

- 7 ¹/₄ lbs Chicken thigh strips
- 1 ¹/₄ lbs Onions, yellow jumbo
 - 2 oz Garlic, whole peeled
- 4 Tbsp Oil, olive canola blend
- 6 1/2 tsp Salt, kosher
 - 81 q Parmesan cheese
- 34 ¹/4 oz Mozzarella cheese
- 17 ¹/₈ lbs Baby spinach
 - 100 Tortillas, 9 inch

- 1. Dice onions and mince garlic.
- 2. Saute onions and garlic in oil.
- 3. Steam spinach in small batches until just slightly wilted. Add salt to cooked spinach.
- 4. Mix spinach, onions, garlic, cheeses, and chicken together.
- 5. Using #8 scoop (1/2 cup), put one scoop onto tortilla.
- 6. Fold tortilla in half.
- 7. Put 20 quesadillas per sheet pan.
- 8. Bake at 350 degrees for about 10 minutes.

Portion size	1 quesadilla
Number of portions	100
Meal component	1/4 vegetable 1 1/4 meat
Calories	318
Saturated fat	2g
Sodium	591mg

Recipe courtesy of Chef Ann Foundation's website The Lunch Box (thelunchbox.org).



Summer

June

Asparagus

Beets

Blackberries

Broccoli

Cabbage

Chard

Cherries

Collard Greens

Cucumbers (extended)

Green Onions

Peas

Kale

Kohlrabi

Lettuce

Onions (storage)

Potatoes

Radishes

Raspberries

Strawberries

Spinach

Summer Squash

Tomatoes (extended)

Turnips & Turnip Greens

Winter Squash (storage)

July

Apples

Beets

Blackberries

Blueberries

Broccoli

Cabbage

Carrots

Cauliflower

Cherries

Chard

Collard Greens

Cucumbers

Eggplant

Green Onions

Peas

Kale

Kohlrabi

Lettuce

Melons

Onions

Peaches

Peppers

Potatoes

Raspberries

Snap Beans

Spinach

Summer Squash

Sweet Corn

Tomatoes

Turnips & Turnip Greens Winter Squash (storage)

August

Apples

Beets

Blackberries

Blueberries

Broccoli

Cabbage

Carrots

Cauliflower

Chard

Collard Greens

Cucumbers

Eggplant

Grapes

Green Onions

Kale

Kohlrabi

Melons

Onions

Peaches

Pears

Peppers

Potatoes

Pumpkins

Raspberries

Snap Beans

Summer Squash

Sweet Corn

Sweet Potatoes

Tomatoes

Winter Squash





A grant from Columbus Regional
Hospital Foundation enabled
Bartholomew Consolidated School
Corporation to buy a shock freezer,
which produces such tiny ice crystals
that the defrosted product is virtually
the same texture as fresh. The defrosted
local berries can be used in fruit salad,
parfaits and even for catering.

LOCAL INGREDIENT SPOTLIGHT:

BERRIES

- Strawberries are ripe May June, blueberries are available July

 August, and raspberries and blackberries are harvested from
 June all the way through September!
- ✓ All berries are an excellent source of Vitamin C, which is essential for kids at school because it helps keep the brain functioning efficiently.
- ✓ This guide contains 43 farms that grow some kind of berry!

Very Berry Yogurt Pizza

100 2.2 oz Flatbreads

3 1/8 gal Yogurt, low fat, vanilla

8 ¹/₂ lbs Blueberries

9 ¹/₂ lbs Strawberries

Portion size	1 flatbread						
Number of portions	100						
Meal component	1/2 fruit, 2 grain						
Calories	317						
Saturated fat	2g						
Sodium	412mg						

Recipe courtesy of Chef Ann Foundation's website The Lunch Box (thelunchbox.org).

- 1. Thaw flatbread.
- 2. Wash blueberries and strawberries. Chop strawberries.
- 3. Preheat oven to 350 degrees.
- Place flatbreads on sheet pan (8 flatbreads per sheet pan) and toast for 7-10 minutes until crispy.
- 5. Allow flatbreads to cool before proceeding.
- 6. Top flatbread with a #8 scoop (1/2 cup) of yogurt. Spread evenly to the edges.
- 7. Sprinkle a #16 scoop (1/4 cup) of strawberries and #16 scoop of blueberries on top of the yogurt.





Protein & Dairy

Are you thinking about buying eggs, dairy or proteins from a local farmer or producer? Here are a few helpful tips to get started:

There are many ways to buy local meats, dairy and eggs:

Through formal and informal methods such as requests for proposals, invitations for bid or through USDA Foods.

Schools can source through broadline distributors, smaller distributors or directly from the farmer or producer. Discuss what local options are available through your distributor or talk with local farmers and producers who are interested in selling to schools.

Partnerships make a

difference: Cooperation between school districts, vendors and meat processors is critical to successful procurement. Work together to communicate your specific needs for cuts, packaging and delivery frequency.

Be flexible: Good communication on both sides will ensure the procurement transactions are smooth. Let your farmers, producers and salespeople know what USDA guidelines you are working with and let them have the opportunity to work within those guidelines to meet your needs.

Involve parent volunteer groups in your F2S activities.

Start small! This is the numberone tip shared by foodservice directors who are successful with local sourcing.

Freeze: Keep menus local when you can by freezing unused products or items with seasonal availability for later use.

Be creative: Think creatively by using more economical cuts or blending meats with grains or legumes.

Above: Pork sausage from Martin's Custom Butchering in Wakarusa, at Manchester Community Schools. During winter months, the school system serves biscuits with (local) sausage gravy every week at the high school, and every other week at elementary and middle schools.

Local pork is roughly 50 cents more per pound, but the quality is so much better. There's hardly any fat that we drain off, whereas you might lose half of what you bought from a big distributor when you drain it."

Becky Landes, Food Service Operation Manager
 Manchester Community Schools

Indiana Producers

Browse all producers by county below, and visit INGrown4Schools.com to explore the searchable producer map!

ADAMS

♦¶●***** Hummels Country Honey

Honey, eggs, apples. Contact Justin Hummel: (260) 849-0232 milknhoney86@yahoo.com

ALLEN

* Big Brick House Bakery & Pasta

Pasta, whole grain flours for baking. Contact Leigh Rowan: (260) 563-1071 customerservice@bigbrickhousebakery.com

Dicks Organics

Produce, fruit. Contact Rick Ritter: (260) 341-2287 sogfnginc@aol.com

¶★ Master's Hand BBQ

Sauces, seasonings, summer sausage, jerky, snack sticks. Contact Steve Beers: (260) 609-2442 steve@mastershandbbg.com

* our3 Broth

Bone broth, dressings, cooked proteins. Contact Joseph Allison: (412) 996-5540 head2hock@gmail.com

* Southwest Honey Co.

Honey. Contact Megan Ryan: (260) 609-2897 education@southwesthoney.com

BARTHOLOMEW

Bush's Market

Seasonal produce and pork products. Contact: (812) 379-9077

Duck Creek Gardens

Blackberries, black and red raspberries, strawberries. Contact Betsy Downy: (812) 546-2076 betsy@duckgardens.comcastbiz.net

Ewenique Heritage Farm

Blackberries (frozen), persimmons. Contact: (812) 521-1917 mamashepherd1957@gmail.com

Pardiek and Sons Farm

Watermelon, sweet corn, tomato, cantaloupe. Contact: (812) 371-6140 pardieckandsonfarms@gmail.com

♦¶●***** Walker Farms

Eggs, pork, vegetable produce, strawberry jam. Contact Angel Walker: (812) 343-9231 american-honey@att.net

Whipkers Market

34 varieties of produce, incl. greens, blackberries, strawberries, potatoes, melons. Contact Keith Whipker: (812) 343-7392 keith.whipker1586@gmail.com

BENTON

Windy Prairie Farm LLC

Baby spinach and romaine, cauliflower, broccoli, bell peppers, jalapeno peppers. Contact Keith Clute: (765) 426-8845 kclute.wpf@outlook.com

BOONE

♦१ ♦ 1 Local Farms Harvest

Seasonal produce, beef, pork, poultry, dairy, grains, honey, value-added meats. Contact Derrick Cameron: (317) 714-2405 dacf4366@yahoo.com

♦★ Valentine Hill Farm

Seasonal produce, fruit preserves, whole grain breads and crackers. Contact Maria Smietana: (317) 439-0714 bill@valentinehillfarm.com

WiseWood Farm

Greens, carrots, tomatoes, corn, peppers, broccoli, cauliflower, onions, beans, more. Contact Holly Woody: (317) 407-3254 hollywoody79@gmail.com

CARROLL

Carroll County Crops

Seasonal produce. Contact: (574) 686-4194

¶ Indiana Packers Corporation

Pork, bacon, processed ham. Contact Curtis Hansen: (765) 564-7285 curtis.hansen@inpac.com

CLARK

Berry Best Farm

Over 30 varieties of produce incl. apples, berries, corn, peaches, and melon. Contact Steve Fouts: (812) 293-3541 bberries@hotmail.com



♦! The Pumpkin Shed

Beef, pork, squash, sweet corn, cabbage, kale, sweet potatoes, tomatoes, etc. Contact Kenneth Graf: (812) 246-9658 dairyfarm200@yahoo.com

Willow Wood Farms Llc.

Eggs, chicken and turkey (whole and cuts). Contact Joshua Brock: (502) 528-2432 josh@willowwoodfarmindiana.com

CLAY

District 6 Farms

Blackberries. Contact Kristen Witt: (812) 798-5622 kristen@district6farms.com

CLINTON

Farming Engineers Organic Produce

Tomatoes, carrots, beets, potatoes, onions, zucchini, squash, beans. Contact Lisa Burke: (317) 836-5061 burkefarm@gmail.com

Highland Heights Farm

Lettuce, greens, herbs, duck eggs, chicken eggs. Contact Evan Overbay: (765) 237-2112 evan@highlandheightsfarm.com

* Shoups Country Foods, Inc.

Pork burgers, pulled pork, mini hog roast, fully cooked ribs, BBQ sauce, seasoning. Contact Cheri Shoup Jones: (317) 752-8406 cheri@shoupscountry.com

DAVIESS

Etienne's Farm Market

Watermelon, fall squash, apples, tomatoes. Contact: (812) 254-7978

Mud Creek Mushrooms

Mushrooms, herbs. Contact: (812) 239-9247 sarahbeth0917@yahoo.com

Pete's Peaches

Asparagus, peaches, nectarines. Contact Pete Slowik: (812) 890-3908 pandkslowik@gmail.com

DEARBORN

♦ Lobenstein Farm

Seasonal produce, meat. Contact: (513) 582-0762 lobensteinfarmcsa@gmail.com

Scenic View Farm

Freezer beef. Contact Wess Booker: (812) 537-2509 scenicviewfarm@hotmail.com

DELAWARE

5 Chickens

Many varieties of produce incl. carrots, spinach, tomatoes, and melons. Contact Susan Klinger: (765) 702-1909 5chickenshc@gmail.com

♦ Shrock Family Farm

Whole chickens. 30 varieties of produce incl. carrots, greens, potatoes, melons. Contact Shelly Shrock: (765) 759-7481 shrockfarm@gmail.com

Something Better (Naturally Grown)

Over 19 varieties of produce incl. broccoli, watermelon, tomatoes, peas, zucchini. Contact Tammy Johnson: (765) 760-0083 tljnov1965@yahoo.com

Tomato Shack

Beans, carrots, corn, cucumbers, greens, herbs, lettuce, okra, peppers, squash, tomatoes, zucchini. Contact Philip Harris: (765) 717-8229 iphil0321@yahoo.com

DUBOIS

The Hostetter Farm

Seasonal produce. Contact: (812) 661-7397

ELKHART

Bullard's Farm Market

Sweet corn, pumpkins. Contact: (574) 293-3276 kebullard.me@gmail.com

Culver Duck Farms

Duck. Contact Sean Smith: (574) 825-9537 sean@culverduck.com

♦★ Kercher's Sunrise Orchards/Sunrise Produce

Variety of produce incl. apples, squash, sweet corn, melon. Apple cider. Contact: (574) 533-7465 maureen.kercher@gmail.com

Stumptown Cattle Company

Beef, frozen, any cut. Contact Rod Mullet: (574) 305-0337 rttmullet@hotmail.com

Yoders Produce Farm

Romaine, spring mix, arugula, lettuce, spinach, kale, variety of herbs. Contact: (574) 350-9303 yodersproduce@comcast.net

FLOYD

Tarr's BBQ and Market

Beef. Contact Adam Carr: (502) 298-9074 adam@carrsbbqandmarket.com

Loftus Organics

17 varieties of produce incl. cucumbers, eggplant, squash, sweet corn, potatoes. Contact Brittany Loftus: (812) 972-1057 info@loftusorganics.com

Next Generation Farm

Seasonal fruits and vegetables, eggs, microgreens. Contact James Ashby: (502) 445-6141 nextgenerationfarm@yahoo.com

FOUNTAIN

Coffing Bros. Orchard Co.

Apples. Contact Joe Coffing: (765) 793-3450 abcapples@ymail.com

Heat-and-serve taco filling, pulled pork BBQ and Coney sauce. Contact William Gabbard: (765) 294-2716 PaytonsBBQ@att.net

FRANKLIN

Beneker Family Farms

Whole beef, cut to customer specification. Contact Jayme Beneker: (513) 635-8309 info@benekerfamilyfarms.com

Doll's Orchards

Apples, peaches. Contact George Doll: (812) 934-4563 dollsorchards@hotmail.com

Melon Acres

Watermelon, cantaloupe, asparagus, cucumber, sweet corn. Contact: (812) 745-4033 mike@melonacres.com

Michaela Farm

Eggs and 25 varieties of produce incl. carrots, kale, melon, greens, potatoes, squash. Contact: (812) 933-0661 michaelafarm@etczone.com

FULTON

Schnabeltier

Cheese incl. cheddar, gouda, swiss. Contact Kori Pugh: (574) 224-5445 k.pugh@schnabeltier.com

Siders Blueberry Farm

Blueberries. Contact: (574) 223-6632

GIBSON

Larkins Produce

Tomatoes, cucumbers, peppers. Contact Jesse Larkins: (317) 446-7698 jflarkins@yahoo.com

Legacy Taste of the Garden

Seasonal vegetables. Contact Denise Jamerson: (812) 385-0159 deajam65@gmail.com

Ritter Farms

Melons, squash, tomatoes, cabbage, okra, eggplant, green beans, potatoes, sweet corn. Contact: (812) 664-0704

GRANT

♦¶● Good As It Gets Farm

Beef, seasonal produce, eggs. Contact Brook Christian: (765) 251-3876 goodasitgets8663@gmail.com

↑ ★ The Market at Swayzee

Hand-breaded pork tenderloins. Contact Jim Cruea: (765) 661-3822 jamescruea@aol.com

GREENE

♦●★ Four Flags Farm

Heirloom produce, pasture raised eggs, maple syrup, shitake mushrooms, pasta. Contact Armonda Riggs: (812) 863-2771 info@fourflagsfarm.com

Glory Hill Family Farm

Seasonal produce. Contact: (812) 679-6063 angelmikusak@hotmail.com

♦★ Shawnee Hills Farm

Orchard produce, herbs (culinary and medicinal), teas. Contact Melanie McQuinn: (713) 560-8424 shawneehillsfarm.info@gmail.com

HAMILTON

* BeeFree LLC

Packaged, ready-to-eat snacks. Contact Jennifer Wiese: (317) 402-1019 jennifer.wiese@beefreegf.com

***** Farmer's Gold

Honey, raspberries, tomatoes, cucumbers, peppers, spinach, Asian greens, herbs. Contact: (317) 250-0963 farmersgoldhoney@comcast.net

Garlic Boss

Garlic. Contact Jeremy Vogt: (317) 413-2598 info@garlicboss.com

* No Label at the Table

Gluten-, dairy-, and allergen-free baked goods. Contact Shelly Henley: (317) 607-6233 shelly@nolabelatthetable.com

* Pastries Chefs

Breads, pastries. Contact Gilbert Serrat: (317) 712-6180 gilbert@pastrieschefs.com

* Some Like It Hot LLC

Salsas, vegan/vegetarian tamales (black bean w/ or w/o cheese), chicken tamales. Contact: (317) 626-3086 Elaine4193@att.net

HANCOCK

At Ease Orchard

Apples. Contact Joseph Ricker: (262) 388-1261 ateaseorchard@gmail.com

Produce Protein Eggs Dairy * More

Berry Goods Farm

Produce incl. berries, carrots, kale, green beans, tomatoes, and potatoes. Contact: (317) 395-8249 berrygoodsfarm@gmail.com

Brandywine Creek Farms

Watermelon, sweet corn, tomatoes, kale, collard greens, cucumbers, bell peppers. Contact Amanda Lawler: (317) 935-0700 jlawler@brandywinecreekfarms.org

Garst Gardens

Tomato, cucumber, sweet corn. Contact: (317) 965-2764 garst gardens@gmail.com

1 Tyner Pond Farm

Pasture-raised beef, pork, chicken. Contact Amber Groce: (317) 407-3371 amber@farmersmarket.com

Well Done Beef LLC

Angus beef: ground beef patties, roasts, steaks, summer sausage, stew meat. Contact Amy Effing: (765) 785-2241 wedobeco@gmail.com

HARRISON

Blue Hearrin Farm

Broccoli, cauliflower, cabbage, tomatoes, corn, green beans, melons, etc. Contact: (812) 972-1469 jonathantiphearrin@hotmail.com

♦ ★ Millers Meats and Produce

Beef and pork cuts; 21 varieties of produce incl. corn, spinach, berries; jellies. Contact Lynn Miller: (812) 968-3429 lynn-miller89@hotmail.com

HENDRICKS

Albright Farms

Angus beef, any cut, pork, any cut. No steroids, antibiotics, or preservatives. Contact Claire Howard: (812) 946-3789 clairehoward80@yahoo.com

Prock Farms Angus Cattle

Angus beef. Contact Kris Brock: (317) 850-3434 brockangus4@gmail.com

HENRY

Becker Farms

Beef, pork, chicken, turkey, and eggs. Contact Kyle Becker: (765) 714-4457 emily@beckerfarmsin.com

Deadheaders Greenhouse

Tomatoes, green beans, flowers, pickles, cucumbers. Contact: (765) 524-6876 trbfarm@gmail.com

HOWARD

Bent Arrow Acres

Chicken (whole or pieces), pork (sausage, brats, roasts, etc.). Contact Claire Trost: (614) 806-0056 bentarrowacres@gmail.com

* Popcorn Cafe

Popcorn. Contact Grace Jones: (425) 213-7516 grace@popcorncafeshop.com

Pumpkin Valley Farms

Melons, tomatoes, sweet corn, pumpkins, squash, apples, blueberries. Contact Thomas Trine: (765) 513-7856 tom@windmillgrill.com

HUNTINGTON

HOFF Produce

15 varieties of produce incl. lettuce, tomatoes, peppers, carrots, melons. Contact Darin Hoffman: (260) 452-8755 hoffman004.dh@gmail.com

9 Seven Sons Farms

Beef, pork, chicken, turkey, eggs, butter. Contact: (877) 620-1977 support@sevensons.net

JACKSON

Christopher Farms

Produce, honey, maple syrup, eggs. Contact Chris Gilbert: (317) 622-8377 chris@christopherfarms.org

Lot Hill Dairy Farm

Cheese, gelato, butter. Contact Jon Claycamp: (812) 525-8567 jonclaycamp@yahoo.com

Plumer & Bowers Farmstead

23 varieties of produce incl. carrots, corn, apples, berries, pears, yams, spinach. Contact Patricia Bowers: (812) 216-4602 plumerbowersfarmstead@yahoo.com

VanAntwerp's Farm Market

Peppers, tomatoes, melons, squash, cucumbers, okra, lettuce. Contact: (812) 498-3764
Dave34936@hotmail.com

Wonning Farm and Produce

Melons, cucumber, pumpkin, summer squash, sweet corn, tomatoes. Contact Louis Wonning: (812) 498-0849 wonningproduce@gmail.com

JASPER

Triple B Tilapia

Fish fillets (tilapia). Contact Jeff Martin: (219) 743-1520 triplebtilapia@gmail.com

JEFFERSON

Summer Soltice Farms

38 varieties of produce incl. carrots, berries, melons, greens, tomatoes. Contact Heidi Potter: (812) 873-8839 summersolsticefarms@yahoo.com

JENNINGS

* Gresham Foods

BBQ sauce. Contact Bryan Gresham: (812) 528-4349 bryang@greshamfoods.us

JOHNSON

* 1823 Bakehouse

Gluten-free baked goods including biscuits, rolls, bread, graham crackers, and more. Contact Thomas Moore: (317) 508-6143 info@1823bakehouse.com

* Brick House Vinaigrettes

Salad dressings. Contact Jeff Bricker: (317) 439-1698 chefbricker@yahoo.com

Nature's Gift

Lettuce, tomatoes, cucumbers, kale, sweet peppers, red potatoes, watermelon. Contact John Woodbury: (765) 318-1326 woodbury@netdirect.net

Red Barn Meats LLC

All cuts of beef, pork, lamb; beef pepperoni, summer sausage, snack sticks. Contact Doug Abney: (317) 409-6857 redbarnmeatsllc@yahoo.com

♦ * * * StaufferBuilt Farms

Grass-fed beef, pork, jam, salsa, spaghetti sauce, corn, green beans. Contact Jen Stauffer: (812) 498-1455 jenstauffer3@gmail.com

The Apple Works

Apples. Contact Sarah Brown: (317) 878-9317 appleworks@embarqmail.com

KNOX

J & J Farming Company

Watermelon, cantaloupe. Contact: (812) 890-1175 pumpkin.williams13@gmail.com

Mayall's Market and Greenhouse

37 varieties of produce, including apples, spinach, raspberries, melons. Contact Lindsay Owens: (812) 745-5263 lowens@washtimesherald.com

Obermeyer and Turbett Farms

Watermelons. Contact: (812) 890-0576

KOSCIUSKO

Creighton Brothers

Shell eggs. Contact Jason Nichols: (574) 376-2550 jason@creightonbrothersllc.com

Denney Farms

Over 30 varieties of produce incl. carrots, spinach, apples, berries, melon, pears. Contact Brittany Denney: (260) 352-2602 stylin40s@frontier.com

Hellen Mapeka

14 varieties of produce, incl. greens, melons, tomatoes. Contact Hellen Mapeka: (901) 736-3046 krmapeka@gmail.com

The Olde Farmhouse

Grass-fed beef, chicken, turkey, goat, 20 varieties of produce incl. apples, berries, melon. Contact: (574) 268-7745 oldefarmhouse5@yahoo.com

LAGRANGE

!● i Country Meadows Farm

Grass-fed beef, pastured poultry, pastured pork, pastured eggs, pastured dairy products. Contact Bob Eash: (260) 336-2106 bob@bestforage.com

¶ Gunthorp Farms

Pastured chicken, pastured turkey, pastured pork. Contact Kara Babinec: (260) 499-0159 kara@gunthorpfarms.com

LAKE

***** County Line Orchard

Apples, sunflowers, pumpkins, cider, donuts. Contact Ryan Richardson: (219) 712-0835 ryan@lukebrands.com

• Faith Farms

Vegetables, eggs. Contact Curtis Whittaker: (773) 851-4505 cwhittaker@cawhittakercpa.com

• Five Hands Farm

Seasonal fruits and vegetables. Contact Nash Bruce: (219) 781-4310 5handsfarm@gmail.com

Peace Garden and Farms

Okra, bell peppers, lettuce. Contact Marty Henderson: (219) 427-4812 peacegaf@sbcglobal.net

Planting Possibilities

Tomatoes, corn, lettuce, cucumbers, herbs. Contact Mark Neiner: (219) 237-9353 admin@plantingpossibilities.org

Pleasant View Dairy Corp.

Milk, white and flavored for schools. Contact Bill Leep: (219) 838-0155 bill@pleasantviewdairy.com

Produce Protein Eggs Dairy * More

LAPORTE

Garwood Orchards

Variety of produce incl. apples, berries, cherries, peaches, plums, cucumbers. Contact Brian Garwood: (219) 363-5604 garwoodfarms@gmail.com

J R Produce

Eggs, seasonal produce. Contact: (219) 363-0397 jrstock@csinet.net

Mitzner Meats

Meat incl. ground beef, hamburgers, hams, bacon, ground pork, sausage, more. Contact: (219) 716-2721 mitznerfarms@hotmail.com

Radke's Orchard

Apples. Contact: (219) 872-3140

Schafer Farms Quality Beef

All cuts of beef. Contact Matt Schafer: (219) 508-1071 matt@schaferfarmsin.com

MADISON

Asparagus Annie's

Over 40 varieties of produce, inc. carrots, corn, greens, apples, berries, melons. Contact Laura Smith: (954) 213-7464 asparagusannies@gmail.com

Free Folk Farm

19 varieties of produce incl. beets, carrots, spinach, tomatoes, zucchini, cantaloupe. Contact Charles Pease: (765) 744-6861 freefolkfarm@gmail.com

Full Hand Farm

27 varieties of produce incl. broccoli, carrots, lettuce, peas, potatoes, zucchini. Contact Genesis McKiernan-Allen: (503) 807-1842 genesisanna@gmail.com

♦★ Fungi Fanatic

Mushrooms, garbanzo beans, green beans, pinto beans. Contact: (765) 278-6866 josh@fungifanatic.com

* Jen's Country Kitchen BBQ Sauce

BBQ sauce. Contact Johnny White: (317) 374-5765 jensbbgsauce@yahoo.com

Prairie Farms Dairy Inc.

Milk and liquid dairy products, incl. yogurt and sour cream. Contact Darin Copeland: (618) 659-5191 dcopeland@prairiefarms.com

MARION

3 Sisters Garden

Eggs, seasonal produce. Contact Cheri Hood: (317) 319-6952 cdhoodc@gmail.com

* Batch No. 2

Wholegrain mustard, cajun mustard, ballpark mustard, tomato catsup. Contact Zach Rohn: (317) 674-5134 zwrohn@gmail.com

★ Best Boy Products LLC

Mustards, salad dressings, BBQ sauces. Contact Kathy Hays: (317) 442-9735 kathy@bestboyandco.com

* Cornerstone Bread Co.

Breads and other baked goods. Contact Cindy Helmling: (317) 897-9671 cindy@cornerstonebread.com

* Eisele's Honey

Honey. Contact Jeff Peterson: (317) 896-5830 eiseleshoney@gmail.com

♦ Falling Waters Farm

Lettuces, microgreens, herbs, whole fish. Contact Jon Shope: (317) 507-8527 jshope@fallingwaters.farm

Fortune Acres

32 varieties of produce incl. berries, carrots, jicama, lettuce, potatoes, spinach. Contact Mark King: (317) 698-8489 2sustaininc@gmail.com

Garcias Gardens

30 varieties of produce incl. berries, carrots, cucumbers, tomatoes, grapes. Contact Daniel Garcia: (765) 532-0351 farmerdan@garciasgardens.com

***** Hoosier Popcorn Company

Popcorn, oils, salt, popcorn kits. Contact Isaac Hughes: (765) 918-7833 info@hoosierpopcorn.com

KC Sunshine Farm

Pumpkins. Contact: (317) 432-5496 christykrieg@rocketmail.com

Lawrence Community Gardens

19 varieties of produce incl. lettuce, broccoli, melon, greens, celery, berries. Contact Sharrona Moore: (317) 748-2437 lawrencecommunitygardens@yahoo.com

* Mrs. Murry's Naturals

Plant-based foods, baked goods, soups, entrees. Contact lesha Murry: (317) 478-2547 joy@mrsmurrysnaturals.com

* Native Bread

Gluten-free artisan breads incl. honey oat, cinnamon raisin, sourdough, seeded loaf. Contact Hayley McGinley: (219) 508-9909 hayley@nativebread.com

* Pa & Ma Bar-B-Que Sauce

BBQ Sauce. Contact Kenny Rogers: (317) 294-2533 kenny@pamabbq.com

PSOE Farms

Goat cheese, chicken eggs, vegetables. Contact Chris Larson: (317) 775-6660 clarson@psoebrookside.org

Roka Farms

Herbs, mushrooms. Contact: (317) 983-5763 chad@rokafarms.com

Smoking Goose

Sausages, bacon, lunch meats, smoked meats, salami, hams. Contact Corrie Cook: (317) 698-5126 corrie@smokinggoose.com

Super Micro Greens

Microgreens. Contact Ian Mott: (812) 993-0440 ian@supermicrogreens.com

* Sweet Things, Sweet Bakery & Snax

Chocolate pretzels, whole wheat sugar cookies, muffins, breads. Contact Cassandra Schuchman: (317) 716-8480 sweetthings@mac.com

Temple Gardens

24 varieties of produce incl. carrots, melons, berries, spinach, tomatoes. Contact Danielle Guerin: (317) 225-8391 templegardenindy@gmail.com

* Urban Ladle LLC

Gluten-free frozen soups. Contact Lisa Sprunger: (317) 966-5826 lisa@urbanladle.com

MARSHALL

Farming for Life

Produce incl. carrots, beets, onions, cabbage, kale, basil, pickling cucumbers. Contact: (574) 835-1361 jgady@rtcol.com

Jeanine Keb

29 varieties of produce, incl. apples, blueberries, carrots, lettuce, strawberries, melon. Contact: (874) 217-5776 t.jkeb2@gmail.com

Lemler's Sweet Corn and Pumpkins

13 varieties of produce incl. corn, cucumbers, potatoes, pumpkin, zucchini, melons. Contact Tim Lemler: (574) 342-2293 melinda@fourway.net

Tillman Farms

Blueberries. Contact: (574) 292-5586 tillmanfarmsindiana@gmail.com

MEADE (KY)

Buzzin Beats Farm

Produce incl. carrots, corn, greens, squash, tomatoes, zucchini, apples, melon. Contact Megan Hager: (270) 320-3172 dragon.carrots.sf@gmail.com

MIAMI

Catey Heritage Farm

Beets, cauliflower, cucumbers, greens, herbs, lettuce, spinach, tomatoes, etc. Contact Lauren Catey: cateyheritagefarm@gmail.com

* Healthy Hoosier Oil

Sunflower oil, canola oil. Contact Mark Boyer: (765) 469-2479 healthyhoosieroil@gmail.com

¶ Hunt Family Farm

Pasture-raised pork. Contact Nathan Hunt: (765) 669-0738 natehunt00@hotmail.com

Ladd Farms

Cabbage, watermelon, cucumbers. Contact: (765) 776-0512 Jbladd@laddfarms.co

MONROE

American Mushroom and Spice Co. Mushrooms. Contact: (812) 679-3142

americanmushroomandspice@gmail.com

* Dillman Farm

Fruit butter, preserves, pickles, mustard, salsa, dressing. Contact Megan Hoskins: (812) 825-5525 megan@dillmanfarm.com

Growing Opportunities

Variety of lettuces and leafy greens. Contact: (812) 821-7470 elogsdon@insccap.org

New Ground Farm

Salad greens, baby cucumbers, snack peppers, baby carrots. Contact Mike Record: (812) 318-2538 mike@newgroundfarm.com

Sycamore Run Farm

Ground beef, roasts, steaks, ground lamb, lamb roasts. Contact Jason Hobson: (812) 340-2576 jason@sycamorerun.farm

MONTGOMERY

Hydro-Agro Farms

Lettuce, arugula, basil, kale, cilantro. Contact Javier Campos: (765) 412-6089 camposi 1969@gmail.com

§ Shannon Family Farms

All cuts of pork, chicken, and beef, cut and packaged to order. Contact Jonathon Shannon: (765) 376-5625 jonathan@shannonfamilyfarms.com

Trinity Acres Organic Farm

Over 40 varieties of produce incl. carrots, peas, greens, berries, pears, melon. Contact Gary Cox: (765) 366-5003 woodshed02@gmail.com

Produce Protein Eggs Dairy * More

♦¶● Woody Family Farms

Ground beef, eggs, produce incl. lettuce, kale, berries, spinach, more. Contact Elizabeth Woody: (765) 794-5054 woodyfamilyfarms@gmail.com

MORGAN

The Copper Goat

Wide variety of microgreens, sunflowers, salad mixes. Contact: (765) 913-9182 thecoppergoat1@gmail.com

● i Risin' Creek Creamery

Goat cheese, feta cheese, chicken eggs. Contact Tim Vanzant: (765) 318-1711 risincreek@yahoo.com

Traylor Farm

Produce incl. carrots, corn, tomatoes, melons, grapes, berries. Contact Doug Traylor: (317) 755-6355 dhtraylorfarm@yahoo.com

NOBLE

Bender's Orchard

Apples, pears, Asian pears. Contact Rachel Bender: (260) 442-5073 benderappleorchard@gmail.com

♦★ Orchard Hill Farm

Apples, plums, cherries, peaches, pears, apple butter and jelly, apple cider vinegar. Contact: (260) 347-3682 orchardhill@ligtel.com

ORANGE

♠ Paoli High School Farm

Pork, lettuce. Contact Cory Scott: (812) 723-3905 scottc@paoli.k12.in.us

PORTER

Birky Family Farms Country Gourmet

Pork, beef, lamb, goat, chicken, turkey, rabbit, duck. Contact Chris Birky: (219) 309-5090 info@birkyfarms.com

♦¶● Wholesome Family Farms

Whole chicken, chicken parts, ground chicken, goat chops, bacon, eggs. Contact Scott Moyer: (219) 488-6736 BobbiLee001@gmail.com

PULASKI

Hole in the Woods Farm

Over 40 varieties of produce incl. carrots, spinach, melon, and berries. Contact Chad Gard: (574) 933-1993 chad@holeinthewoodsfarm.com

***** Sunrise Harvest Farm LLC

Fresh blueberries, blueberry jam. Contact: (219) 954-0007 sunriseharvestblueberries@gmail.com

PUTNAM

6 Chandler's Farm and Country Market

Tomatoes, sweet corn, sweet potatoes, peppers, apples, cheese. Contact: (317) 539-6255 or (317) 840-4523 chandlerms76@live.com

Heavenly Springs Farm

18 varieties of produce incl. asparagus, berries, carrots, corn, tomatoes, zucchini. Contact Heather Perkins: (765) 721-1572 heavenlyspringsfarm@gmail.com

RANDOLPH

Christopher Farm

Produce incl. carrots, greens, onions, peas, potatoes, spinach, tomatoes. Contact Wendy Carpenter: (812) 459-4475 ruralwendy@gmail.com

RIPLEY

Y Kestler Farms

All cuts of beef. Contact: (812) 934-4835 info@kestlerfarms.com

RUSH

♦★ Arnold Farms

Baked goods, produce incl. tomatoes, broccoli, carrots, herbs, kale, spinach. Contact Emma Hawk: (765) 561-3518 arnold.farms@zoho.com

Circle R Produce

Green beans. Contact: (765) 561-4045 circlerproduce@yahoo.com

Shamrock Farm

Variety of mushrooms. Contact: (317) 697-9888 shamrock.farm@yahoo.com

Souder Farms Sweet Corn LLC

Sweet corn (fresh and frozen), locally grown frozen green beans. Contact Steve Souder: (765) 561-1767 or (765) 645-5241 souderfarms@yahoo.com

SHELBY

Harker Family Farms & Orchard

Apples, peaches, sweet corn, plums, cherries, nectarines, more. Contact Debbie Harker: (765) 525-9755 harkerfamilyfarms@gmail.com

Orem Family Farm

Grass-fed organic beef, pastured pork, free range eggs. Contact Andy Orem: (317) 364-9089 ajorem@shelbycs.org

SPENCER

* Lakeview Orchards

Organic popcorn, organic rolled oats. Contact: (812) 649-2753

¶ Steckler Grassfed LLC

Grass-fed beef and lamb, organic cheeses, pastured eggs. Contact Jerry Steckler: (812) 686-8496 grassfed@fullnet.com

ST. JOSEPH

Crystal Springs Creamery

Flavored yogurt, cheese curds. Contact Derrick Cameron: (317) 714-2405 dacf4366@yahoo.com

Kankakee Valley Homestead

Eggs, salad greens, microgreens, radishes. Contact Thomas Eich: (574) 780-5720 kvhfarmsllc@gmail.com

Miller's Goats & Gardens

36 varieties of produce incl. carrots, cauliflower, corn, greens, herbs, lettuce, berries. Contact Rebecca Miller: (574) 780-8684 rmiller14250@gmail.com

Rainfield Farms

Lettuce mixes, herbs. Contact: info@rainfieldfarm.com

Sunchoke Farms

23 varieties of produce incl. beets, carrots, greens, berries, grapes, melons. Contact Susan Greutman: (574) 850-7685 susangreutman@gmail.com

Unity Gardens

26 varieties of produce incl. beets, carrots, berries, apples, sprouts, broccoli. Contact Sara Stewart: (574) 315-4361 growunitygardens@yahoo.com

STARKE

Amori Greens

Lettuces, greens, herbs, edible flowers. Contact Kimberly Morris: (937) 564-8019 amorigreens@gmail.com

Kajers Greens

Micro greens, salad greens, arugula, mustard greens, kale, butterhead lettuce. Contact: (219) 561-1006 kajersgreens@yahoo.com

SULLIVAN

Walsh Gardens

18 varieties of produce incl. beans, beets, broccoli, carrots, corn, lettuce, squash, berries. Contact Robin Walsh: (812) 397-0597 walshgardens@outlook.com

SWITZERLAND

Clearfield Stock Dogs and Lamb

Lamb. Contact Denise Rackley: (605) 842-6321 rackleydenice@gmail.com

TIPPECANOE

▼ Crowl Cattle

Beef, poultry, pork. Contact Cadel Crowl: (260) 668-3156 crowlcattle@gmail.com

Purdue University Student Farm

Tomatoes, peppers, onions, green mixes, lettuce, arugula, kale. Contact: (317) 473-3655 ctadair@purdue.edu

Red Giant Union LLC

Variety of fruits, vegetables, leafy greens, herbs. Contact Austin Kasso: (631) 553-6402 redgiantunion@gmail.com

The Farm at Prophetstown

Ground beef, sausage, pork patties, hamburger patties. Contact Leslie Conwell: (765) 567-4700 farmatprophetstown@gmail.com

Wea Creek Orchard

Apples, peaches, nectarines, pumpkins. Contact Perry Kirkham: (765) 807-6142 management@weacreekorchard.com

TIPTON

* Groomsville Popcorn

Popped popcorn. Contact Amanda Baird: (765) 479-5585 jacob@groomsvillepopcorn.com

VANDERBURGH

Bud's Farm Market

Tomatoes, peppers, cucumbers, lettuce, spinach, kale. Contact: (812) 477-3070 bud@budsfarm.com

Reimanns Farm Market

Apples, squash, zucchini, tomatoes, peppers, pumpkins, watermelon, kettle corn, etc. Contact: (812) 661-1364 k.james.1.19@gmail.com

Seventh Wave Aguagrow

Romaine lettuce, microgreens incl. sweet pea, radish, broccoli, mighty mix. Contact: (812) 431-8817 seventhwaveag@yahoo.com

The New Engelbrecht's Orchard

Sweet cherries, peaches, nectarines, apples. Contact Tim Schulz: (901) 573-7174 tandkschulz@gmail.com

Produce Protein Eggs Dairy * More

VIGO

Greener Scenes Aquaponics

Mixed salad greens, basil, tomatoes. Contact: (812) 236-7588

White Violet Center for Eco-Justice

36 varieties of produce incl. berries, cherries, melons, carrots, apples, spinach, tomatoes. Contact Candace Minster: (812) 535-2933 cminster@spsmw.org

WABASH

Charlie's Hoops and Coops

Eggs, produce. Contact Charles Guthrie: (260) 415-3551 cguthrie482@gmail.com

Cordes Berry Farm

Blackberries. Contact Erica Cordes: (260) 571-0503 ericacordes@hotmail.com

♦¶ Grant Creek Farm

Ground and whole pork, eggs, pumpkins, squash, cole crops. Contact Justin Lovell: (812) 360-9278 lovell814@gmail.com

Joyfield Farm

36 varieties of produce incl. carrots, peas, berries, melon, yams, grapes. Contact Cliff Kindy: (260) 982-2971 kindy@cpt.org

RiverRidge Farm

Seasonal fruit and vegetables. Contact: (260) 901-3125 nfingerle@juno.com

WARRICK

Aficionado Farms

Lettuce, greens, vegetables, watermelons, cantaloupes, strawberries. Contact Katy Grant: (812) 449-0258 afarms812@gmail.com

Beautiful Edibles

Salad greens, tomatoes, edible flowers, herbs, mustard greens. Contact Mary Winstead: (812) 774-5616 beautifulediblesgrow@gmail.com

Engelbrecht's Countryside Orchard

Peaches, nectarines, apples, pumpkins, sweet cherries. Contact: (812) 490-9559 info@engelbrechtsorchard.com

WASHINGTON

• Innovation Enterprises

Eggs, microgreens, lettuce, baby vegetables. Contact Donna Gatza: (815) 302-1482 donna@innovationenterprises.biz

Lisa's Farmhouse Market

18 varieties of produce incl. melon, greens, broccoli, cabbage, beans, grapes. Contact Lisa Brown: (812) 620-8883 | Ibrown121268@gmail.com

Morning Harvest Produce

Lettuce, herbs, strawberries. Contact: (812) 620-3047 morningharvestproduce@gmail.com

WAYNE

? Farmer Brad

Pasture-raised poultry. Contact Brad Wood: (765) 595-0408 brad@farmerbrad.com

9 Golliher Farms

All cuts of beef, pork, chicken, turkey; brown eggs. Contact Joe Golliher: (765) 918-5000 golliherfarms@hotmail.com

★ Hannah's Healthy Bakery

Gluten-free baking mixes incl. brownies, cookies, biscuits, pasta, pancakes. Contact Hannah Wright: (765) 914-9512 hannah@hannahshealthybakery.com

Speckled Hen Acres

Beans, corn, cucumbers, peppers, radishes, turnips, apples, berries, peaches, etc. Contact Monica Young: (765) 960-7320 monihardwick@yahoo.com

♦? Tegeler Farm

Poultry, meats, eggs, produce incl. carrots, berries, greens, more. Contact Andrew Tegeler: (765) 409-6446 andrew@tegelerfarm.com

* Traveling Sourdough

Breads. Contact Markus Mager: (317) 762-4092 markus@travelingsourdough.com

Winters Springs Farms

Lettuce, strawberries, green beans. Contact Jeanine Winters: (765) 518-6401 jrwinters100@gmail.com

WHITE

Blackwater Farms

Green beans, green peppers, sweet corn, tomatoes, cucumbers, zucchini, pumpkins. Contact Sara Coy: (574) 870-4429 saracoy@hotmail.com

90 Holy Cow Farm Fresh

Grass-fed beef, pastured pork, pastured chicken. Contact Joanne Mosher: (219) 253-8491 joanne@holycowfarmfresh.com

Musall's Fresh Produce

Over 40 varieties of produce incl. carrots, apples, berries, melon, peaches, yams. Contact Tracy Davidson: (574) 870-0720 tdavidson111613@gmail.com

SLOT Farms

Over 40 varieties of produce incl. apples, berries, carrots, melons, squash, peas. Contact Lucas Davidson: (574) 870-0720 slotfarms@gmail.com

Distributors & Hubs

2Morrow's Farm (317) 800-0312

B&B Foods bandbfoods.net

Copper Creek Farms (765) 395-7886

Delco Foods delcofoods.com

Farm Boy Food Service farmboyfoodservice.com

Fischer Farms ffnatural.com

Gordon Food Service gfs.com

Horn of Plenty (574) 824-9566

Hoosier Harvest Market hoosierharvestmarket.com

Ideal Food Group idealfoodgroup.com

Indianapolis Fruit Company indyfruit.com

Local Farms Harvest localfarmsharvest.com

McFarling Foods mcfarling.com

Merkley & Sons Packing Co. (812) 482-7020

Piazza Produce & Specialty Foods piazzaproduce.com Plowshares Food Hub openfoodnetwork.net/plowshares-food-hub/shop

Stanz Food Service stanz.com

Sysco Foods sysco.com

This Old Farm thisoldfarm.com

Troyer's Food troyers.com

What Chefs Want whatchefswant.com

Winkler Distribution winklerinc.com

Below: Baby spinach ready for the salad bar at Manchester Community Schools. In the decade or so since they began sourcing locally, they've also grown their salad bar from just a few items to two six-foot bars, and students love it.



Procurement

Resources

USDA Local Food Procurement Decision Tree: bit.ly/f2s11

USDA Factsheet about local foods in cafeterias: bit.ly/f2s18

Michigan Farm to School Purchasing Guide: bit.ly/f2s15

Valuable resource for local food procurement: bit.ly/f2s24

Visit INGrown4Schools.com for dozens more resources, news, events, downloadable flyer templates, and more!

Procuring Locally

The dollar amount for purchase will determine the procurement method when buying from a vendor/distributor or directly from a farmer. For more information, please review IDOE Procurement Information Sheet at *bit.ly/f2s26*.

For questions or concerns about informal and formal bidding, contact Cynthia Harris, Child Nutrition Procurement Specialist, at charris@doe.in.gov or (317) 232-9143.

Schools can procure local foods by:

- 1. Procuring local foods through vendors/distributors using an informal or formal bidding process.
- 2. Procuring local foods directly from local farmers using an informal or formal bidding process.
- 3. If utilizing the DOD Fresh program, working with the DOD Fresh vendor to procure local produce.

Steps to take when directly procuring from local farmers:

- 1. Determine the type of procurement method.
- 2. Reach out to local producers check our directory to find options in your region!
- Make sure to document throughout the process.
 (Documentation is key and helps justify the reasons for selecting specific farmers.)

Food Safety

The Indiana Department of Education does not enforce the Food Safety Modernization Act, but rather defaults to the regulatory agency, the Indiana State Department of Health, for compliance with state and federal rules. Public schools in Indiana are not required to follow rules that go beyond the state and federal regulation. In order to sell to schools, local growers need

to comply with the FSMA flowchart for compliance/exemption status, based on gross sales and proximity to buyer, and to consider their liability in deciding whether or not to take the PSA GAPs Training offered by Purdue Extension.

It is recommended that food service directors buy from producers who are registered with the state

as a wholesale producer and receive Good Agriculture Practice (GAP) training prior to selling to schools. However, this is not a requirement.

To ask questions to the Indiana State Department of Health's Food Safety Farm Consultants regarding local farms in your area, go to bit.ly/f2s22.



Contacts

Indiana Grown for Schools Network:







Naima Gardner Indiana State Dept. of Health Ngardner1@isdh.in.gov (317) 234-3498 Heather Tallman Indiana State Dept. of Agriculture HTallman@isda.in.gov (317) 697-5863 John Hawley Purdue Extension hawley4@purdue.edu (812) 926-1189

Procurement procedures: Cynthia Harris, Indiana Dept. of Education / charris@doe.in.gov / (317) 232-9143

Food safety requirements: Lisa Harrison, Indiana State Dept. of Health - Food Protection Iharriso@isdh.in.gov / (317) 234-8569 / in.gov/isdh/20640.htm

Above: When in season, Bartholomew Consolidated School Corporation sources Indiana spinach, tomatoes, peppers, cucumbers, kale, turnips, radishes, zucchini, sweet corn, winter squash, apples and berries from Duck Creek Gardens, Bush's Market, The Apple Works and Piazza. They also source Prairie Farms milk and Red Gold tomato products year-round.

Stay Connected

√ Visit INGrown4Schools.com

Explore the searchable producer map, sign up for email, download editable flyers and share your F2S success stories and photos!

✓ Find Indiana Grown for Schools

on Facebook and Instagram, and tag your posts #INGrown4Schools!

✓ Participate in the Farm to School Census
Please complete the survey you will receive via email September 2019!

ASPARAGUS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
APPLES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
BEETS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
BLACKBERRIES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
BLUEBERRIES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
BROCCOLI	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
BRUSSELS SPROUTS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
CABBAGE	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
CARROTS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
CAULIFLOWER	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
CHERRIES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
COLLARD GREENS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
CUCUMBERS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
EGGPLANT	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
GRAPES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
GREEN ONIONS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
KALE	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
KOHLRABI	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
LETTUCE	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
MELONS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
ONIONS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
PEACHES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
PEAS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
PEARS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
PEPPERS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
POTATOES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
PUMPKINS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
RADISHES											Nov	
RASPBERRIES	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
SNAP BEANS	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
SPINACH	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
STRAWBERRIES					_						Nov	
SUMMER SQUASH					- 1						Nov	
SWEET CORN								_			Nov	
SWEET POTATOES					_						Nov	
TOMATOES											Nov	
TURNIPS (& GREENS)	=										Nov	
WINTER SQUASH	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
							_					

Seasonal harvests vary across the state, from year to year, and from farm to farm. Contact producers in your area to get started!

in season

extended season or storage season

not in season

of farm to school is the savings... we pay about \$2.50 for a watermelon, and they're running about \$8 from distributors."

Nancy Millspaugh RD,CD,
 Director of Food Service,
 Bartholomew Cons. School Corp.

Nancy's team also won a local hospital grant to hold a workshop with Chef Cyndie Story, enabling them to cut melons more quickly and easily while learning presentation tricks.

